

RADION INTERNATIONAL

In *10 days*, the team accomplished the following:

Local Village Outreach in **KHEK NOI**;

Medical & Humanitarian relief

(food & relief distribution)

in the remote village of **P00 KAT**,

administering aid to more than **80 patients**

and **150 relief sets;**

1st ever combined STREETKIDS! outing

for **60 children** from **2 DIFFERENT**

and **1st** ever overnight camp!



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→ OUTREACH TRIP TO KHEK NOI &
P00 KAT (21-30 MAR 2010)



Trip Reflections

The trip to Phetchabun was a life-altering one, to say the least.

The team was made up of 13 of us, students from different walks of life, all of us with a simplistic view of humanitarian aid. Little did we know that what we would experience with RADION took us over and beyond our expectations.

We spent the first few days assimilating into our new environment through learning basic conversational Thai and various important elements of the Thai culture. We also spent time with the STREETKIDS! and visited some homes in the village.

Mid-trip, we conducted a 3-day outreach in a small village a little further up north called Poo Kat. Even though it was not very far from Khek Noi, we took about 2 hours to get there because of the inaccessibility of the place. The ride up to Poo Kat was a thrilling one. It was a very bumpy uphill drive, that was at times narrow and even get windy; it was an experience I will never forget!

In a span of 3 days, we went for home visitations and provided basic medical aid -- administering medication and providing relief items to villagers with health ailments. We also organized a mass food distribution, giving out relief packages that contained food and other necessities, like clothes. We also put up a skit.

Upon returning to Khek Noi, we held a 2-day-1-night camp for children ranging from age 6 to 14. Camp activities included games, tele-matches and a campfire. There was a buzz of fun and excitement in the air as we interacted with the children from both Khek Noi and Poo Kat. The camp ended on a bittersweet note, as it marked the end of our 10-day journey in Phetchabun.

Personally, it was a journey that inspired and challenged me. It was definitely an adventure, where I saw life and humanitarian aid in a new way. I learnt so much about myself, the Hmong people, and my faith. This trip is a pivotal event in my life I would remember for a long time to come.

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Rachel See-Toh

Rachel is a student with a local tertiary institution in Singapore. This trip gave her first-ever experience delivering medical and food relief to the needy. To find out more about volunteering with RADION, go to <http://www.radion-international.org/help/volunteer/>.